



# St. Bernard Parish School Board

## Elementary Lunch Menus

### October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
28 Mini Hot Dogs Baked Beans Sweet Potato Fries Fruit Cup Milk Variety	29 Pepperoni Pizza* Broccoli Spears Seasoned Corn Fruit Cup Milk Variety <b>*May Contain Pork</b>	30 Salisbury Steak Mashed Potatoes Gravy Green Peas French Bread Fruit Cup Milk Variety	Oct 1 Chicken Alfredo Warm Carrots Rings Mixed Vegetables Hawaiian Roll Fruit Cup Milk Variety	2 Shrimp Poppers Cheesy Fries Green Beans Fruit Cup Milk Variety
5 Red Beans* & Rice Breaded Chicken Tenders Carrot Rings Fruit Cup Milk Variety <b>*May Contain Pork</b>	6 Cheese Ravioli In Tomato Sauce Seasoned Corn Fruit Cup Milk Variety	7 Beefy Tacos Tomato Cucumber Salad Cheese Cup Mixed Vegetables Frozen Fruit Cup Milk Variety	8 Oven Fried Chicken Legs Mashed Potatoes Green Peas Fruit Cup Buttermilk Biscuit Milk Variety	9 Grilled Cheese Sandwich Sweet Potato Fries Cauliflower, Broccoli Carrot Cup Fruit Cup Milk Variety
12 <b>School Holiday</b>  <b>Fall Break</b>	13 Meatballs and Spaghetti Broccoli Spears Biscuit Stick Fruit Cup Milk Variety	14 Baked Chicken Legs French Fries Green Beans Fruit Cup Bear Grahams Milk Variety	15 Pepperoni Pizza* California Blend Veggies Baked Beans Fruit Cup Milk Variety  <b>*May Contain Pork</b>	16 Mini Corn Dogs Seasoned Corn Fruit Cup Milk Variety
19 Mac and Cheese Chicken Tender Strips Mixed Vegetables Fruit Juice Milk Variety	20 Hamburgers French Fries Green Peas Fruit Cup Milk Variety	21 Orange Chicken Fried Rice Broccoli Spears Seasoned Carrots Hawaiian Roll Fruit Cup Milk Variety	22 Meaty Nachos w/ Cheese Salsa Cup Baked Beans 100% Fruit Juice Milk Variety	23 Shrimp Poppers Cheesy Fries Cauliflower, Broccoli Carrot Cup Fruit Cup Milk Variety
26 Chicken Patty on Bun Sweet Potato Fries Green Beans Fruit Cup Milk Variety	27 Beefy Tacos Tomato Cucumber Salad Cheese Cup Mixed Vegetables Frozen Fruit Cup Milk Variety	28 Chicken Alfredo Warm Carrots Rings Broccoli Spears Hawaiian Roll Fruit Cup Milk Variety	29 Salisbury Steak Mashed Potatoes Gravy Green Peas French Bread Fruit Cup Milk Variety	30  Cheese Pizza Steamed Corn Baked Beans Fruit Cup Milk Variety

All St. Bernard Parish Public School students are eligible to receive one free breakfast and lunch each day.

Extra Milk and Juice may be purchased for \$0.50. Menus are subject to change due to the availability of food.

“This institution is an equal opportunity provider.”